



# GEAR LIST - RIMU

Items & amounts are intended as a guide for a 14 day *Rimu* trip.  
You will need the cold weather items – even in NZ summer!

## ESSENTIAL PAPERS

- International & domestic air tickets and any other travel documents
- Travel insurance papers & numbers (ACTIVE NZ *highly* recommends purchasing travel insurance)
- Passport - must be valid for *at least* 3 months after arrival into New Zealand
- Visitor Permit – granted on arrival for those with USA, Australian, British, Canadian, European Passports with at least 3 months validity. If you have another passport type you may need to obtain this permit in advance. Please check with your nearest New Zealand embassy.
- Credit/debit cards, travelers checks, NZ cash
- ACTIVE NZ Trip Summary - containing pick up location & emergency contact numbers
- ACTIVE NZ Brochure & *Rimu* trip itinerary

## ESSENTIAL ITEMS

- 1 x sleeping bag – rated down to at least 45°F/7°C, required for 2 nights at Mt Cook plus 2 nights on the 3-day hiking option, if applicable (available for rent – see box below)
- 1 x day pack – large enough to carry your raingear, fleece, camera, water & personal items
- 1 x hiking boots – sturdy, with good ankle support & tread, comfortable & worn in, required regardless of which 3-day option you're doing
- 1 x running shoes or similar – for cycling & casual wear
- 1 x sports sandals – for sea kayaking & casual wear (e.g. Tevas or similar)
- 1 x rain jacket – medium weight with a hood (e.g. Gortex, PreCip)
- 1 x rain pants – light/medium weight (e.g. Gortex, PreCip, polyester), optional but highly recommended
- 1 x hiking gaiters – (e.g. Gortex) – to help protect your legs & keep water out during river crossings, optional but recommended (especially if you don't have rain pants)
- 1 x medium-weight fleece/jacket
- 2 x light-weight fleeces/sweaters
- 1 x set of long thermal underwear – top & bottom (e.g. polypropylene, capilene, smartwool)
- 2 x shorts
- 2 x long pants
- 4 x t-shirts
- 2 x long-sleeve shirts
- 1 x warm hat (e.g. wool/fleece ski hat)
- 1 x warm gloves (e.g. wool/fleece gloves)
- 4-5 x pair underwear
- 4-5 x pair warm hiking socks
- 1 x pajamas/nightwear
- 1 x swim suit – for kayaking & swimming
- 1 x towel – for kayaking & swimming
- 1 x sun hat (e.g. baseball cap)
- 1 x sunglasses
- 1 x camera, film/memory cards & batteries/charger (240V with NZ plug adapter)
- 1 x insect repellent – for sandflies and mosquitoes
- 1 x sun-block – 15-30 SPF recommended for New Zealand conditions at all times of year
- 2 x 1 quart/liter water bottles or hydration system (e.g. CamelBack)
- 1 x flashlight/headlamp
- 1 x toiletries bag – you'll need your own shampoo/conditioner, soap, toothbrush/paste, prescription medications/lenses, razors, feminine hygiene products etc.

**FABRIC NOTE:** If possible, we recommend pants, shorts & t-shirts made from quick-drying, non-cotton fabrics for all the activities on our trips. This is because cotton clothing tends to retain water when wet (due to rain, humidity or perspiration) which usually results in making you cold and uncomfortable - the last thing we want you to be! If you don't already own some, at least one or two quick-dry t-shirts would be a worthwhile purchase for this trip.

## RECOMMENDED LUGGAGE

BACKPACKING OPTION (see further description below):

- 1 x large backpack - required for 3-day hiking option (available for rent – see box below)
- 1 x pack liner – required for 3-day hiking option (to help keep your gear dry)
- 1 x soft-sided overnight/gym bag – for storing your excess gear in during the 3-day hiking option (1 x large duffle bag – recommended for general luggage if renting a large backpack from us)

SEA-KAYAKING or MOUNTAIN BIKING OPTION (see further description below):

- 1 x large duffle bag – recommended for general luggage during the Rimu trip
- 1 x soft-sided overnight/gym bag – for use during the 3-day kayaking/biking option

## **SPECIALIZED DAY TRIP GEAR**

**CYCLING:** We'll provide you with a Specialized 21-speed unisex mountain bike, a helmet and a reflective safety vest. If you have your own cycling clothing feel free to bring it along, but if not, regular hiking gear such as thermals, fleece, gloves and running shoes will be fine. If you wish to use your own specialist cycling shoes & pedals feel free to bring them along & we'll help you fit them to your bike.

**KAYAKING:** We'll provide you with a modern, plastic, double sea-kayak, paddle, life jacket, dry bag and all the necessary safety gear. Regular hiking gear such thermals, fleece, raingear, thermal gloves, water shoes/sandals and socks will be fine.

### **RENTAL GEAR AVAILABLE: US\$35 + tax per item per trip**

\* **Large Backpack (with pack liner) – sizes available: Petite, Adult, Extra Tall.**

\* **Sleeping Bag (with inner sheet) – sizes available: Adult, Extra Tall.**

\* **Please let us know if you'd like to rent something via your online booking page (Step 2: My Trip Details) or via email if need be, at least 2 weeks in advance of your trip start date.**

## **3-DAY OPTION DESCRIPTIONS**

### BACKPACKING OPTION:

For the hiking option you'll need a sleeping bag and a backpack large enough to fit your sleeping bag inside, plus your rain gear, hiking clothes for 2-3 days, 1-2 quarts/liters of water, 2lb/1kg of the group's food. We recommend a pack of approx 3,500-4,500ci/60-70 liters. The rest of your gear will be placed in your overnight/gym bag & stored securely for you in St Arnaud until you return. If you're sleeping in the huts you'll be sleeping on bunk-style beds with mattresses so you won't need a sleeping pad. If you've chosen to camp, we'll provide you with a sleeping mat plus a 1-person tent (solo traveler) or 2-person tent (couples/pairs) at no extra charge to carry within your large backpack. If you would like to rent a large backpack or sleeping bag from us please let us know at least 2 weeks in advance. Rental backpacks & sleeping bags will be provided the night before the hike begins.

### SEA-KAYAKING OPTION

For the kayaking option you'll need thermals, shorts, t-shirts, fleeces, gloves, socks, water shoes/sandals, raingear, sunhat, sunglasses, sun-block and towel for sea-kayaking, plus a change of clothes/shoes for the evenings. The night before your kayaking option begins you'll pack your kayaking gear into your overnight/gym bag. Your excess gear will go into your duffle bag which will be stored securely for you. At the start of the kayak option you'll say goodbye to the hikers and take a short drive to Anakiwa in Marlborough Sounds. Here you'll be paired up & fitted out with modern, plastic sea-kayaks, paddles, life jackets, windproof paddling jackets, dry bags, and all the necessary kayak safety gear. You'll then put your personal gear into your kayak (in dry bags) before heading off for the 2-3 hour paddle to your accommodation for the next two nights. At the end of the 3-day kayak option you'll return to Anakiwa before a short drive to meet up with the hikers. You don't need a sleeping bag for the kayak option as full linen is provided, but you'll still need one for 2 nights at Mt Cook.

### MOUNTAIN BIKING OPTION

For the biking option you'll need t-shirts, cycle shorts, cycle gloves, socks, running shoes, thermals, fleeces, raingear, sunglasses and sun-block for cycling in, plus a change of clothes/shoes for the evenings. The night before your biking option begins you'll pack your biking gear into your overnight/gym bag. Your excess gear will go into your duffle bag which will be stored securely for you. At the start of the biking option you'll say goodbye to the hikers and take a short drive to Anakiwa & the start of the Queen Charlotte Track. Here you'll be fitted out with a modern, unisex 21-speed mountain bike and a helmet. If you wish to use your own specialist cycling shoes & pedals feel free to bring them along & we'll help you fit them to your bike. You'll then have a moderate 2 hour ride to get accustomed to your bike before arriving at your accommodation for the next two nights where your overnight/gym bag awaits you. At the end of the 3-day biking option you'll return to Anakiwa before a short drive to meet up with the hikers. You don't need a sleeping bag for the biking option as full linen is provided, but you'll still need one for 2 nights at Mt Cook.

## **OPTIONAL ITEMS**

- Personal first aid kit (e.g. second skin, if you are prone to blisters)
- 1-2 trekking poles, extendable - great to have but not essential
- Money belt/pouch for valuables (For transit only, NZ is generally a very safe country)
- Reading material, pocket knife, alarm clock, binoculars etc.
- Nice jeans/khakis/skirt (for Auckland, Christchurch, Queenstown etc.)
- Hairdryer (240V with NZ/Australian plug adapter)

## **SUPPLIED/UNREQUIRED ITEMS (ACTIVE NZ will provide where needed)**

- Plates/cutlery/cooking equipment
- Laundry detergent
- First aid equipment
- Navigational equipment
- Water purification equipment/chemicals – you can drink straight from most NZ streams

**ACTIVE AUSTRALIA – ACTIVE NEW ZEALAND – ACTIVE SOUTH AMERICA**

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## PACKING FOR THIS TRIP

The gear described above is intended as a guide for a 14 day *Rimu* trip. You'll be able to do laundry at least twice during the trip – in Okarito & Queenstown – so that may help you plan for this trip. Layering clothing works very well in New Zealand as the weather can sometimes change quite considerably throughout the day.

CLIMATE	AVERAGE	AUCKLAND		CHRISTCHURCH		QUEENSTOWN	
		°F	°C	°F	°C	°F	°C
<b>SPRING</b> Sep/Oct/Nov	Max Temp	61	16	63	17	65	18
	Min Temp	41	5	45	7	52	11
	Rain Days	9		7		12	
<b>SUMMER</b> Dec/Jan/Feb	Max Temp	72	22	72	22	75	24
	Min Temp	50	10	54	12	54	12
	Rain Days	8		7		8	
<b>FALL</b> Mar/Apr/May	Max Temp	61	16	65	18	68	20
	Min Temp	43	6	46	8	55	13
	Rain Days	8		7		11	
<b>WINTER</b> Jun/Jul/Aug	Max Temp	50	10	54	13	59	15
	Min Temp	34	1	37	3	48	9
	Rain Days	7		7		15	

If you have any further questions about your trip, please see the following link:

**Further Questions:** <http://www.activenewzealand.com/questions.php>

If you still can't find the answers you're looking for please email Sophie in Client Services [sophie@activenewzealand.com](mailto:sophie@activenewzealand.com) - she'd be happy to help you out!