



## GEAR LIST – GUIDES CHOICE 07

This list is intended as a guide for the 14 day *Guides Choice 07* trip.  
**You will need the cold weather items – even in NZ summer!**

### ESSENTIAL PAPERS

- International & domestic air tickets and any other travel documents
- Travel insurance papers & numbers (ACTIVE NZ *highly* recommends purchasing travel insurance)
- Passport - must be valid for *at least* 3 months after arrival into New Zealand
- Visitor Permit – granted on arrival for those with USA, Australian, British, Canadian, most European Passports with at least 3 months validity. If you have another passport type you may need to obtain this permit in advance. Please check with your nearest New Zealand embassy.
- Credit/debit cards, travelers checks, New Zealand cash
- ACTIVE NZ Trip Summary - containing pick up location & emergency contact numbers
- ACTIVE NZ Brochure & *Guides Choice 07* trip itinerary

### REQUIRED ITEMS

- 1 x large duffle bag/suitcase or similar to carry all your gear – preferably soft-sided
- 1 x smaller duffle bag/overnight bag/gym bag or similar for evening gear on 3-day Hump Ridge hike. As this bag is helicoptered from hut to hut, this is limited to one bag per person, and a maximum weight of 15kg/33lbs per bag
- 1 x day pack - approx 2,500-3,000ci/40-45 liters - large enough to carry your raingear, fleece, camera, water, lunch & personal items
- 1-2 trekking poles, extendable – optional but great to have, especially if have weak knees – highly recommended
- 1 x hiking boots – sturdy, with good ankle support & tread, comfortable & worn in
- 1 x casual shoes - walking shoes, sports sandals or similar – for casual wear in evenings
- 1 x rain jacket – medium weight with a hood (e.g. Gortex, PreCip)
- 1 x rain pants – light/medium weight (e.g. Gortex, PreCip, polyester)
- 1 x hiking gaiters – (e.g. Gortex) – to help protect your legs & keep mud out, optional but recommended
- 1 x medium-weight fleece/jacket – must be warm!
- 2 x light-weight fleeces/sweaters
- 1 x set of long thermal underwear – top & bottom (e.g. polypropylene, capilene, smartwool)
- 3 x shorts - 2xpair for hiking, 1xpair for casual
- 3 x long pants - 2xpair for hiking, 1xpair for casual
- 5 x t-shirts
- 2 x long-sleeve shirts
- 1 x warm hat (e.g. wool/fleece ski hat)
- 1 x warm gloves (e.g. wool/fleece gloves)
- 6 x pair underwear
- 6 x pair warm hiking socks – 3xpair for hiking, 3xpair for casual
- 1 x pyjamas/nightwear
- 1 x sun hat (e.g. baseball cap)
- 1 x sunglasses
- 1 x camera, film/memory cards & batteries/charger (240V with NZ plug adapter)
- 1 x insect repellent – for sandflies and mosquitoes
- 1 x sunblock – SPF 15-30 recommended at all times of year in NZ
- 2 x 1 quart/liter water bottle or hydration system (e.g. CamelBack)
- 1 x flashlight/headlamp
- 1 x toiletries bag – you'll need your own shampoo/conditioner, soap, toothbrush/paste, prescription medications/lenses, razors, feminine hygiene products, alarm clock, ear-plugs, etc

**FABRIC NOTE:** If possible, we recommend pants, shorts & t-shirts made from quick-drying, non-cotton fabrics for all the activities on our trips. This is because cotton clothing tends to retain water when wet (due to rain, humidity or perspiration) which usually results in making you cold and uncomfortable - the last thing we want you to be! If you don't already own some, at least one or two quick-dry t-shirts would be a worthwhile purchase for this trip.

### OPTIONAL ITEMS

- Personal first aid kit (e.g. second skin, if you are prone to blisters)
- 1-2 trekking poles, extendable – very useful, but not essential
- Money belt/pouch for valuables (For transit only, NZ is generally a very safe country)
- Reading material, pocket knife, binoculars etc.
- Nice jeans/khakis/skirt (for Auckland, Christchurch, Queenstown etc.)
- Hairdryer (240V with NZ/Australian plug adapter)

### SUPPLIED/UNREQUIRED ITEMS (ACTIVE NZ will provide where needed)

- Water purification equipment/chemicals – you can drink straight from most NZ streams
- Plates/cutlery/cooking equipment
- Laundry detergent
- First aid equipment

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- Navigational equipment

### HUMP RIDGE TRACK GUIDED WALK

The night before you start the track you'll attend a pre-track briefing. That evening you'll divide your gear into three parts: Day-hiking gear, Overnight gear (heli-packed to each hut) & non-hiking gear.

- Your day-hiking gear will consist of a medium-sized backpack - approx 2,500-3,000ci/40-45 liters, in which you'll be carrying everything that you'll possibly be needing throughout the day - or wearing: hiking boots, trekking poles, socks, hiking shorts/pants, hiking shirt, warm fleece, warm hat, warm gloves, rain gear, water container, lunch and camera.
- Your overnight gear bag is help-packed from hut to hut, so only needs to have a change of clothes for the evenings, sleepwear, flashlight & toiletries. Please note: this bag is limited to one per person, and a maximum weight of 15kg/33lbs per bag - for the helicopter. Shampoo, soap, and towels are provided at each lodge.
- Your non-hiking gear will remain in your duffle/suitcase & stored securely for you in Tuatapere until you return.

### PACKING FOR THIS TRIP

The gear described above is intended as a guide for a 14 day *Guides Choice 07* trip. You'll be able to do laundry at least twice during the trip so that may help you plan for this trip. Layering clothing works very well in New Zealand as the weather can sometimes change quite considerably throughout the day.

CLIMATE	AVERAGE	AUCKLAND		CHRISTCHURCH		QUEENSTOWN	
		°F	°C	°F	°C	°F	°C
<b>SPRING</b> Sep/Oct/Nov	Max Temp	61	16	63	17	65	18
	Min Temp	41	5	45	7	52	11
	Rain Days	9		7		12	
<b>SUMMER</b> Dec/Jan/Feb	Max Temp	72	22	72	22	75	24
	Min Temp	50	10	54	12	54	12
	Rain Days	8		7		8	
<b>FALL</b> Mar/Apr/May	Max Temp	61	16	65	18	68	20
	Min Temp	43	6	46	8	55	13
	Rain Days	8		7		11	
<b>WINTER</b> Jun/Jul/Aug	Max Temp	50	10	54	13	59	15
	Min Temp	34	1	37	3	48	9
	Rain Days	7		7		15	

If you have any further questions about your trip, please see the following link:

**Further Questions:** <http://www.activenewzealand.com/questions.php>

If you still can't find the answers you're looking for please email Sophie in Client Services [sophie@activenewzealand.com](mailto:sophie@activenewzealand.com) - she'd be happy to help you out!